

# USING YOUR SELF-TEST | COVID-19 |

**1** Follow instructions very carefully.



Use the QR code below for more information about self-testing and how-to videos.

**2**



**3** If your results are positive Isolate yourself from others. As much as possible, stay in a specific room and away from other people and pets in your home.

Tell your close contacts that they may have been exposed to COVID-19.



**4**



Call your health care provider with any questions, including if you have worsening COVID-19 symptoms.



[www.cdc.gov/covidtesting](https://www.cdc.gov/covidtesting)